



Signposts Sweetspots

Headgear could be key with Candlish's runner at Carlisle

Jennie Candlish has a fine record of three from 11, a 27 per cent strike-rate, when applying first time cheekpieces to a runner. This is an increase on her overall strike-rate of 14 per cent and she will be hoping the headgear works the trick on Astroland in the 1.50 at Carlisle.

Rose Dobbin has a strike-rate of six per cent with her chasing debutants, with two wins from 31 runners. However, at Carlisle the trainer is two from three with such runners, a 67 per cent strike-rate, and she sends former point-to-point winner Lady London to the track for her first run over fences in the 5.00.

Tom Lacey's stable is in red-hot form at present with three winners from four runners - a 75 per cent strike-rate - over the last 14 days. The Ledbury-based trainer sends two to Exeter, Alberto's Dream in the 3.40 and Colt Lightning in the 4.45.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table with 3 columns: Trainer Name, Wins, Runs, %

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Trainer Name, Days, Runs

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table with 3 columns: Trainer Name, Days, %

Trainers off course

Trainers with most course losers since last win (today's code)

Table with 3 columns: Trainer Name, Days, Runs

Table with 2 columns: Trainer Name, Wins

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Confined to trainers with course winner or having first course runner

Course wins-runs record in past 20 years

Table with 2 columns: Trainer Name, Wins

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months.

Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table with 3 columns: Trainer Name, Wins, %

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months.

Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table with 3 columns: Trainer Name, Wins, %

One-trick trainers

Trainers (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table with 2 columns: Trainer Name, Wins

Trainer trace

Horses who have switched trainers since their latest run.

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table with 6 columns: Category, Wins, Places, Runs, %, POI%

Includes current trainer's record with new recruits under today's code

Table with 2 columns: Trainer Name, Wins

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with 3 columns: Trainer Name, Days, %

Training debutants

WINS-RUNS course record of trainer's debutants in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course debutant or an overall debutant strike rate in excess of 15%.

Table with 3 columns: Trainer Name, Days, %

Donald McCain .Chs Carl 2-13 15% all Chs debutants 18-112 16%

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table with 3 columns: Trainer Name, Days, %

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with 3 columns: Jockey Name, Days, %

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Jockey Name, Days, %

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

Table with 3 columns: Jockey Name, Days, %

Jockeys off course



Jockeys with most course losers since last win (today's code)

Table with columns: Name, Course, Days, Rides, Wins. Includes Lucy Alexander, Jamie Hamilton, Dale Irving.

One-trick jockeys

JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Table of jockeys with one ride at a meeting, including Lucy Alexander, Richie McLernon, Harry Bannister, etc.

Horse & jockey

HORSES with 100% record for today's jockey. Minimum 2 wins and at least 1 defeat under different jockey

Table of horses and jockeys with 100% records, including Alberto's Dream, Mr Tommie M O'Brien, etc.

First-time Wind Ops

HORSES running for the first-time since undergoing a wind surgery

Table of horses with first-time wind surgery, including Dan Skelton, Dan Skelton, etc.

First-time blinkers

Horses wearing blinkers, hood or visor for the first time

Table of horses with first-time blinkers, including Frightened Rabbit, Rob Royal, etc.

Tongue-tied

HORSES wearing tongue strap for the first time

Table of horses with first-time tongue straps, including Dan Skelton, Dan Skelton, etc.

Igougo

Jeremy Scott 0-5 0%; all 14%. Under The Woods Extr 2.05. Evan Williams 1-21 5%; all 10%

Cheekpieces

HORSES wearing cheekpieces for the first time

Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners

Table of trainers with first-time cheekpieces, including Astaroland, Derintoher Yank, etc.

Best Seller

HORSES dropped to selling class for the first time under today's code

Trainer's wins-runs record in sellers is compared with record with selling debutants (current and previous year)

Table of horses dropped to selling class, including Dirty Dexter, Igougo, Nanny Makfi, etc.

Travellers' check

Today's farthest travellers (top 10 & ties; minimum distance 200 miles)

Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

Table of horses with long travels, including Lary Glory, Apollo Creed, Podili Road, etc.

Handicap debut

Horses running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners

Table of horses with handicap debuts, including Sporting Milan, Stuart Coltherd, etc.

Lord Napier

Peter Bowen 9-56 16%; +£10.21

Horses for courses

HORSES with at least three course wins (today's code/surface), followed by total course runs

Course/distance wins are shown in brackets

Table of horses with course wins, including Grove Silver, Derintoher Yank, etc.

Best of rivalries

Head-to-head record of horses who have run against one another three or more times in the past two years

First figure is number of times horse has beaten rival; bracketed figure is number of race wins

Table of rivalries, including 5.00 Carlisle, Mr Witmore

Bad turn

HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR

Minimum 3 runs each on LH & RH tracks

Table of horses with bad turns, including Too Many Chiefs

Anything to report

HORSES whose last outing has official explanation from connections. See form for details

Table of horses with explanations, including Dakota Grey, Kelpie Myth, etc.

Repeat performance

HORSES who ran in same race in previous seasons

Table of horses with repeat performances, including Calivigny, Dr Hooves, etc.

Week link

HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

Table of horses with week links, including 1/1- Suprise Vendor

Seven-day winners

TRAINER'S wins-runs record with horses reappearing within 7 days of a win, compared with next-time-out record for all winners

Table of seven-day winners, including de Bene Esse

Fresh start

SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence

Data is current plus last four years, any code, incl PTP

Spin The Beat Extr 2.05 1058. 16.5.15 won after 261 days off

Salubrious Extr 5.15 752. 3.10.14 won after 181 days off

Following favourites

RACES that show a profit for favourites

Table of races showing profit for favourites, including Extr Non-H'cap Hdles

Lower class

HORSES dropping 2+ classes compared to previous lowest British class (current and previous season)

Table of horses dropping classes, including O Maonlai

Bouncers

HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR

Table of bouncers, including Heritage Way

Postmark pick

RP RATING's most clear in handicaps

Table of postmark picks, including Skywards Reward

Card and fast

Horses top-rated by TopSpeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

Table of card and fast horses, including Steel Express

Top marks

Horses top-rated and selected by both RPR and TopSpeed

Table of top marks, including Shanaway

Most popular nap

MOST popular tip in Racing Post/Coral Naps Competition

Data excludes yesterday's results

Table of most popular naps, including Grove Silver

Tipsters in form

TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Table of tipsters in form, including Moorestyle (3), My Old Gold, etc.

Tipsters' trainers

TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Table of tipsters' trainers, including The North, Carlton Ryan



TRAINERSPOT

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table with 2 columns: W-R, RTF. Rows include Peter Bowen (33% RTF) and Lucinda Russell (18% RTF).

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

Table with 2 columns: W-R, RTF. Rows include Rebecca Menzies (0% RTF), Alistair Whillans (0% RTF), Jeremy Scott (0% RTF), Jimmy Frost (0% RTF), Rose Dobbin (13% RTF), and David Pipe (8% RTF).

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet;

BOLD data=current season only; LIGHT=last four seasons, plus current. Flat season is defined as from January 1

CARLISLE

Table with 3 columns: W-R, %, £ profit. Rows include Sue Smith, Jennie Candlish, Nicky Richards, Sharon Watt, James Ewart, and S R B Crawford.

EXETER

Table with 3 columns: W-R, %, £ profit. Rows include Sue Gardner, Evan Williams, and Nigel Hawke.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Ⓢ=data is course specific (therefore bold data with Ⓢ = today's course, current season). Flat season is defined as from January 1.

Includes those with more than one win, a strike-rate of at least 25% and a level-stakes profit.

CARLISLE

Table with 3 columns: W-R, %, £ profit. Rows include Patrick Cowley/Laura Morgan, Brian Hughes/Donald McCain, Miss Becky Smith/Micky Hammond, Harry Bannister/Michael Easterby, Finian O'Toole/Sharon Watt, Conor O'Farrell/Rose Dobbin, Danny Cook/Sandy Thomson, and Brian Hughes/S R B Crawford.

EXETER

Table with 3 columns: W-R, %, £ profit. Rows include Dave Crosse/Henry Oliver, Tom O'Brien/Alan Jones, Mr Tommie M O'Brien/Tom Lacey, Miss Page Fuller/Chris Down, and Miss Isabel Williams/Evan Williams.