



Signposts Sweetspots

Newland can work his magic with Ford at Ffos Las

Tom Lacey is top of the hot trainers' list with five winners from seven runners over the past fortnight - a 71 per cent strike-rate. He bids to continue that fine recent record with Vado Forte in the 3.45 at Plumpton.

Dr Richard Newland has an overall strike-rate of 23 per cent. When applying first-time blinkers to a runner that rises to 67 per cent or two out of three. Bob Ford sports the headgear in the 4.35 at Ffos Las, where the gelding has won four times from nine starts.

Warren Greatrex has a fine record of six winners from 22 runners, a 27 per cent strike-rate, when applying first time cheekpieces to his horses. This is an improvement on the trainer's overall strike-rate of 18 per cent and Savoy Court sports the headgear in the 5.10 at Ffos Las.

ALL data excludes last night's results

Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table with 2 columns: Trainer Name, Wins-Runs %

Cold trainers

TRAINERS with most runs since last win, Flat & Jumps; X=Never trained a winner in GB, Ireland or European Group race; 1st=first runner in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Trainer Name, Days Since Win, Runs

Course trainers

TRAINERS with best wins-runs % from at least three course wins

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Trainers off course

Trainers with most course losers since last win (today's code)

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Table with 3 columns: Trainer Name, Code, % Wins

Tracking trainers

TRAINERS with first course runner in more than two years, showing years since previous runner

Confined to trainers with course winner or having first course runner

Course wins-runs record in past 20 years

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Class of 5-30

Trainers with best winners-horses % under all codes in the past 12 months.

Restricted to trainers with between 5 and 30 individual runners. Total wins in brackets.

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Class of 31-60

Trainers with best winners-horses % under all codes in the past 12 months.

Restricted to trainers with between 31 and 60 individual runners. Total wins in brackets.

Table with 3 columns: Trainer Name, Days Since Win, % Wins

One-trick trainers

TRAINERS (includes those that have had 30 winners under today's code in past 12 months) with just one runner today

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Story of the Symbols

Rolling 365-day record of various categories and symbols that appear on Racing Post cards POI=profit on investment.

Table with 5 columns: Category, Wins, Places, Runs, % POI%

Table with 2 columns: Trainer Name, % Wins

Trainer trace

Horses who have switched trainers since their latest run.

Includes current trainer's record with new recruits under today's code

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Prime time

Trainers who in the two week period (14 days) either side of today's date for the past five years (current season plus four) have shown a level-stakes profit or a strike-rate in excess of 20%.

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Training debutants

WINS-RUNS course record of trainer's debutants in 2yo, 3yo, NH Flat race, hurdle or chase (ignores runners with PTP form). Includes all those to have had a winning course debutant or an overall debutant strike rate in excess of 15%.

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Trainers & jockeys

TRAINER-JOCKEY combinations with best % from at least three course wins

Table with 3 columns: Trainer Name, Days Since Win, % Wins

Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

Table with 3 columns: Jockey Name, Days Since Win, % Wins

Cold jockeys

JOCKEYS with most losers since last win, Flat & jumps; X=Never ridden a winner in GB or Ireland; 1st=first ride in GB; excludes those with at least 25% placed runners in past 14 days

Table with 3 columns: Jockey Name, Days Since Win, % Wins

Course jockeys

JOCKEYS with best wins-rides % from at least three course wins

Table with 3 columns: Jockey Name, Days Since Win, % Wins



Harry Cobden	Plum	9-32	28%
Theodore Ladd	Sthl	3-11	27%
Tom Scudamore	Plum	25-98	26%
William Clarke	Plum	3-12	25%
Finley Marsh	Sthl	3-13	23%
Noel Fehily	Plum	17-76	22%
Robert Dunne	Plum	3-14	21%
Sean Bowen	Ffos	26-129	20%

## Jockeys off course

▶ Jockeys with most course losers since last win (today's code)

▶ X = never ridden course winner	Since a win:	DAYS RIDES	
Ryan Powell	Sthl	1517	33
David Noonan	Ffos	X	33

## One-trick jockeys

▶ JOCKEYS (excl amateurs, apprentices & conditionals) with one ride at a meeting

Liam Heard	Living Leader	Ffos	2.55
Alan Johns	Cap St Vincent	Ffos	2.55
Lucy Gardner	Bredon Hill Lad	Ffos	3.25
David Bass	Harry Topper	Ffos	4.35
James Best	West Wizard	Ffos	4.35
Paddy Brennan	Jennys Surprise	Ffos	4.35
Tom O'Brien	Bob Ford	Ffos	4.35
Harry Bannister	Savoy Court	Ffos	5.10
Daryl Jacob	Granard	Ffos	5.10
Lee Edwards	Heurtevent	Plum	2.45
Mark Grant	Iona Days	Plum	2.45
Richie McLernon	Tactical Manoeuvre	Plum	3.15
Kielan Woods	Crafty Roberto	Plum	3.15
Robert Dunne	Vado Forte	Plum	3.45
Dave Crosse	Fearsome Fred	Plum	4.55
Hollie Doyle	Hidden Stash	Sthl	2.05
Tom Eaves	Poppy May	Sthl	2.05
Cam Hardie	Arcane Dancer	Sthl	2.05
Joey Haynes	Baron Run	Sthl	2.05
J F Egan	Major Peirson	Sthl	3.05
Alistair Rawlinson	Azam	Sthl	3.35
Danny Brock	Chasing Diamonds	Sthl	4.45
Duran Fentiman	Port Lairge	Sthl	4.45
Jack Garritty	Rozy Boys	Sthl	4.45
Ryan Powell	Heaven Up Here	Sthl	4.45
Daniel Tudhope	Mujassam	Sthl	4.45
Liam Keniry	Da Capo Dandy	Sthl	5.20

## Overweight alert

▶ JOCKEYS booked to ride at a lower weight than they have managed in GB & Ire within last 12 months and have put up overweight in that time

Joshua Moore	min wt	10-3
Early Du Lemo	Plum	3.45, 10-1

## First-time geldings

▶ HORSES running for the first time since being gelded

▶ DATA excludes horses trained outside GB & Ireland

▶ Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners

Major Peirson	Sthl	3.05	Jo Hughes 0-16 0%; all 9%
Giant Bradley	Sthl	4.45	Tony Coyle 2-14 14%; all 9%

## First-time Wind Ops

▶ HORSES running for the first-time since undergoing a wind surgery

▶ DATA excludes horses trained outside GB

▶ Trainer's wins-runs record with horses running for the first time since a wind surgery compared to record with all

▶ Data first made available on 19 Jan 2018	Amalfi Doug	Plum	3.15	Sam Thomas 0-0 0%; all 6%
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## First-time blinkers

▶ HORSES wearing blinkers, hood or visor for the first time

▶ Trainer's wins-runs record with 1st-time blinkers/hood/visor is compared with trainer's strike rate with all runners

▶ Current and previous year, any code

Bob Ford (b)	Ffos	4.35	Dr Richard Newland 2-3 67%; all 22%
Henri Parry Morgan (b)	Ffos	4.35	Peter Bowen 2-10 20%; all 16%
Hier Encore (h)	Plum	5.30	Nigel Dunger 0-0 0%; all 0%
High Anxiety (b)	Sthl	5.20	John Weymes 0-0 0%; all 5%

## Tongue-tied

▶ HORSES wearing tongue strap for the first time

▶ Trainer's wins-runs record with 1st-time tongue strap is compared with trainer's strike rate with all runners

▶ Current and previous year, any code

Amalfi Doug	Plum	3.15	Sam Thomas 0-3 0%; all 8%
King Cool	Plum	4.55	Gary Moore 1-3 33%; all 12%
New Tale	Sthl	5.20	Olly Williams 0-1 0%; all 5%

## Cheekpieces

▶ HORSES wearing cheekpieces for the first time

▶ Trainer's wins-runs record with 1st-time cheekpieces is compared with trainer's strike rate with all runners

▶ Current and previous year, any code

Hands Of Stone	Ffos	2.25	Evan Williams 4-22 18%; all 10%
Savoy Court	Ffos	5.10	Warren Greatrex 6-22 27%; all 18%
King Cool	Plum	4.55	Gary Moore 1-17 6%; all 12%
Chasing Diamonds	Sthl	4.45	Philip McBride 1-1 100%; all 9%

## Travellers' check

▶ Today's farthest travellers (top 10 & ties; minimum distance 200 miles)

▶ Trainer's wins-runs record with horses travelling at least this far in GB is compared with overall GB strike-rate in last 10 years

Silver Quay	Sthl	3.35	255	Jimmy Frost 2-36 6%; all 6%
Da Capo Dandy	Sthl	5.20	201	James Ewart 4-74 5%; all 13%

## Trying a trip

▶ HORSES who have run at least once this season and now race over 2f+ (4f+ jumps) more than before

Two Hoots	Plum	4.55	+6f
Granard	Ffos	5.10	+6f
Hab Sab	Plum	4.55	+4f
Mr Carbonator	Sthl	4.10	+3f

## Handicap debut

▶ HORSES running in a British handicap for the first time under today's code/obstacles whose trainer has a 15%+ strike rate with such runners

▶ Showing trainer's win-run record with handicap debutants (current season plus four)

Jaisalmer	Plum	3.45	Mark Bradstock 2-9 22%; -£0.50
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## Horses for courses

▶ HORSES with at least three course wins (today's code/surface), followed by total course runs

▶ Course/distance wins are shown in brackets

Bob Ford	Ffos	4.35	4-9
Katie Gale	Sthl	3.35 (2)	4-14
Serenity Now	Sthl	3.35 (1)	4-18
Cousin Khee	Sthl	3.35	3-8
Cawdor House Bert	Ffos	3.25 (1)	3-10
Tellovoi	Sthl	4.45 (1)	3-13

## Bad turn

▶ HORSES whose best RPR racing the same way round as today (no wins) is 10lb+ below today's card RPR

▶ Minimum 3 runs each on LH & RH tracks

de Bene Esse (7/2)	Ffos	2.25	LH	LH w-r: 0-3 RPR 0; RH 1-7 RPR 130
Mr Antolini (4/1)	Plum	3.45	LH	LH w-r: 0-5 RPR 119; RH 4-14 RPR 137

## Anything to report

▶ HORSES whose last outing has official explanation from connections. See form for details

Slice Of Lemon	Ffos	2.55
Bredon Hill Lad	Ffos	3.25
Spock	Ffos	3.25
Harry Topper	Ffos	4.35
Jennys Surprise	Ffos	4.35
Misty Mai	Ffos	4.35
Big Fred	Ffos	5.10
Savoy Court	Ffos	5.10
Touch Screen	Plum	2.45
Tactical Manoeuvre	Plum	3.15
Willshebtryng	Plum	5.30
Limerick Lord	Sthl	2.05
Azam	Sthl	3.35
Eurato	Sthl	3.35
Blistering Dancer	Sthl	5.20
New Tale	Sthl	5.20

## Repeat performance

▶ HORSES who ran in same race in previous seasons

Steel Native	Ffos	2.25	17: 4 of 8, btn 15 <sup>th</sup> /4, OR99, 3/1JF Nick Scholfield
Cawdor House Bert	Ffos	3.25	17: P of 11, OR95, 5/1 Nick Scholfield
Maguire's Glen	Ffos	3.25	17: 6 of 11, btn 29l, OR112, 16/1 Conor Ring
Spice Boat	Plum	4.20	17: P of 6, 100/1 Marc Goldstein

## Week link

▶ HORSES with 2+ wins in this period (7 days before & after today) in previous seasons, showing form figures that preceded the most recent

-91 Living Leader	Ffos	2.55	1m Ling 29.3.17; 7f Ling 8.4.15
631 Caged Lightning	Sthl	3.35	1m 6f Sthl 31.3.15; 1m 6f Sthl 25.3.15

## Out & about

▶ HORSES running today who were non-runners or withdrawn after being declared in last seven days

▶ Reason for absence (if known) and forecast SP (if appropriate)

▶ Trainer's wins-runs record with such runners, current season plus

Two Hoots	Plum	4.55	Jeremy Scott
Winc 28 Mar	unsuitable ground (7/1)	1-8	12%

## Following favourites

▶ RACES that show a profit for favourites

Plum H'cap Hdles	+7.54
Plum H'cap Chses	+4.70
Ffos Non-H'cap Hdles	+4.56

## Dropping down

▶ HORSES racing off lower official handicap rating than they have won off on today's code/obstacles/surface in last year; Horses in bold achieved win in last two years for today's trainer.

Princess Way	Sthl	2.05	w52	-3
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## Coming on

▶ HORSES running for the second time within 21 days following a 150 day layoff, who in previous circumstances had shown a 14lb+ improvement in RPR.

Miner Distraction	Ffos	2.25	19/12/13 13 of 14, 48; 30/12/13 5 of 7, 107;
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## Bouncers

▶ HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Cawdor House Bert	Ffos	3.25	16/12/13 7 of 9, 76 19/01/14 8 of 10 37;
Lizzie Langton	Plum	5.30	09/11/16 7 of 10, 67 06/12/16 8 of 9 8;

## Postmark pick

▶ RP RATING's most clear in handicaps

The Lion Dancer	Plum	4.55	11
Early Du Lemo	Plum	3.45	6
Seasearch	Sthl	4.10	5
Shotgun Paddy	Ffos	4.35	4
Point N Shoot	Ffos	2.25	3
Hill Fort	Plum	5.30	3

## Time warp

▶ HORSES running on Flat who won last time out but whose Topspeed rating was two stone below their RPR.

The Resdev Way	Sthl	3.35	49
Dorian Gray	Sthl	4.10	29

## Card and fast

▶ HORSES top-rated by Topspeed whose previous best performance was also the best on the whole card (light figure = today's adjusted TS; bold = number of lbs best run was ahead)

Seasearch	Sthl	4.10	51	0
Shelneverwalkalone	Sthl	5.20	55	0

## Top marks

▶ HORSES top-rated and selected by both RPR and Topspeed

Market Road	Ffos	3.25	7/4
Early Du Lemo	Plum	3.45	9/2
Seasearch	Sthl	4.10	4/6
Mujassam	Sthl	4.45	11/10

## Most popular nap

▶ MOST popular tip in Racing Post/Coral Naps Competition

▶ Data excludes yesterday's results

Early Du Lemo	Plum	3.45	3
The Resdev Way	Sthl	3.35	3
From Jan 1: W 49; L 97; E1 bet +4.59			

## Tipsters in form

▶ TIPSTERS with 2+ consecutive winners in our Racing Post/Coral Naps Competition, showing winning sequence in brackets and today's nap:

Alex Hammond (2) Seasearch	Sthl	4.10
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## Tipsters' trainers

▶ TIPSTERS in our Racing Post/Coral Naps Competition who are showing a profit from at least two wins from stable of today's nap (current & previous year)

Alex Hammond....Seasearch	Sthl	4.10
Andrew Balding 4-12	+£4.38	



TRAINERSPOT GB

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

- 5-7 71% 86% Tom Lacey
2-11 18% 73% Andrew Balding
6-46 13% 65% Richard Fahey
2-11 18% 64% Peter Bowen

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

- SOUTHWELL (AW)
3 -9 33% +£11.50 K R Burke
2 -5 40% +£31.88 Tony Coyle
2 -5 40% +£4.25 Hughie Morrison
FFOS LAS
8 -10 80% +£4.11 Nicky Henderson
7 -24 29% +£12.73 Nigel Twiston-Davies
PLUMPTON
3 -8 38% +£17.75 Zoe Davison
3 -10 30% +£6.63 Alexandra Dunn

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

- SOUTHWELL (AW)
6 -22 27% +£60.91 @Joey Haynes/K R Burke
2 -6 33% +£18.00 Kieran O'Neill/David Evans
2 -2 100% +£5.70 @P J McDonald/Philip Kirby
FFOS LAS
2 -5 40% +£4.50 @Sean Bowen/David Rees

- 8 -26 31% +£7.10 James Bowen/Nicky Henderson
4 -12 33% +£7.50 Miss Isabel Williams/Evan Williams
7 -17 41% +£29.62 @David Bass/Kim Bailey
4 -12 33% +£25.08 Harry Bannister/Warren Greatrex
30 -103 29% +£5.69 Daryl Jacob/Nigel Twiston-Davies
PLUMPTON
3 -9 33% +£2.50 @Harry Cobden/Colin Tizzard
2 -6 33% +£9.00 @Harry Reed/Chris Gordon
16 -61 26% +£6.37 Ciaran Gettings/Stuart Edmunds
9 -29 31% +£5.56 @Jamie Moore/Gary Moore



Hot trainers

TRAINERS with best wins-runs % from at least two wins in last 14 days, Flat & Jumps

Table with 2 columns: Trainer Name, Wins-Runs %

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Course trainers

TRAINERS with best wins-runs % from at least three course wins

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Trainers off course

Trainers with most course losers since last win (today's code)

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Class of 5-30

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Trainer trace

Horses who have switched trainers since their latest run.

Includes current trainer's record with new recruits under today's code

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Prime time

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Hot jockeys

JOCKEYS with best wins-rides % from at least three wins in last 14 days, Flat & jumps

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Jockeys off course

Jockeys with most course losers since last win (today's code)

X=never ridden course winner

Table with 2 columns: Jockey Name, Wins-Rides %

Overweight alert

JOCKEYS booked to ride at a lower weight

than they have managed in GB & Ire within last 12 months and have put up overweight in that time

Mr P Magee (7) .....min wt 10-10 The Caddy Rose, Fair 5.05, 10-4

Katie O'Farrell (7) .....min wt 9-11 Steel Wave, Cork 4.05, 9-10

First-time geldings

HORSES running for the first time since being gelded

DATA excludes horses trained outside GB & Ireland

Trainer's wins-runs record with 1st-time geldings compared with trainers strike-rate with all runners.

Waterville Dancer .....Cork 2.00 C Byrnes 0-4 0%; all 13%

Best of rivalries

Head-to-head record of horses who have run against one another three or more times in the past two years.

First figure is number of times horse has beaten rival; bracketed figure is number of race wins.

2.00 Cork Park Paddocks 3 (0) v 0 (0) Galtymore 5.15 Cork

Goodthynemilan 3 (0) v 0 (0) Gold Smoke

Repeat performance

HORSES who ran in same race in previous seasons

Val de Ferbet .....Cork 3.30 17: 1 of 7, RPR147, 9/4 A P Heskin

Fresh start

SHOWING days since last run of horses off the track for 180+ days, who have won previously after such an absence.

Data is current plus last four years, any code, incl PTP

Conright Boy .....Cork 4.05 413 26.12.15 won after 219 days off

Our Dougal .....Fair 3.55 211 17.6.16 won after 385 days off

Following favourites

RACES that show a profit for favourites

Fair Non-H'cap Hdles ..... +13.36 Cork Non-H'cap Chses ..... +7.41

Bouncers

HORSES running for the second time within 60 days following a 200 day layoff, who in previous circumstances had shown a 14lb+ deterioration in RPR.

Thekingofconnemara .....Cork 5.15 03/10/15 13 of 17, 84 28/11/15 13 of 18 19;



TRAINERSPOT IRELAND

In form

Trainers in form (last 14 days, min 2 wins, 5 runners), ranked by % (bold) of horses Running To Form; RTF is defined as running to within 7lb of racecard Racing Post Rating...

Table with 3 columns: W-R, RTF, Trainer Name and Record. Includes Thomas Mullins, S R B Crawford, John C McConnell.

Out of form

Trainers out of form (last 14 days, max 2 wins, min 5 runners), ranked by lowest % (bold) of horses Running To Form (RTF). ♦=no runners on day

Table with 3 columns: W-R, RTF, Trainer Name and Record. Includes M D O'Callaghan.

Race trace

Trainers who have won this race at least twice in last ten seasons, showing wins-runs, £1 bet, all finishing positions (latest on right, dash separates years, ♦=no runner that year), and today's runner(s).

Table with 3 columns: Race Distance, W-R, Trainer Name and Record. Includes CORK and FAIRYHOUSE.

Course specialists

Trainers with best course wins-runs % in particular race type, at today's course, and in profit to £1 bet; BOLD data=current season only; LIGHT=last four seasons, plus current.

Table with 3 columns: Race Distance, W-R, Trainer Name and Record. Includes CORK and FAIRYHOUSE.

Jockey bookings

Significant jockey/trainer combinations, in profit to £1 bet; BOLD data = current season only; LIGHT = last four seasons, plus current.

Table with 3 columns: Race Distance, W-R, Jockey/Trainer Name and Record. Includes CORK and FAIRYHOUSE.

Table with 3 columns: Race Distance, W-R, Trainer Name and Record. Includes Jody McGarvey/Niall Madden, L P Dempsey/J P Dempsey, Davy Russell/Gordon Elliott, Mark Walsh/W P Mullins, Mr H D Dunne/Sean Thomas Doyle, Mr J J Codd/Gordon Elliott, Mr T Hamilton/Joseph Patrick O'Brien, Mr D G Lavery/Gordon Elliott, Mr A McMahon/W P Mullins, Ms L O'Neill/Gordon Elliott.